

## Rhythmic Week

Sunday 8 Hours	Monday 8 Hours	Tuesday 8 Hours (not including PM sports)	Wednesday 8 Hours	Thursday 8 Hours	Friday Possible 2-4 Hours	Saturday
8:30-12:30 Church, Sunday School	8 – Noon Staff Meeting, Student Follow- up, Admin	9:00 Office Bible Study Prep, Volunteer Recruitment	8-Noon Personal Time	9:00 office Supplies for Sunday, Sunday Prep	Personal Time	Personal Time
Flex Time	1:00-5:00 Next Sunday prep, E- Newslett er	Lunch Day at schools  4:00-5:00 Tutoring Mission	12-5 Admin, Event Planning	12:00-5:00 Office/lunche s/hang out after school etc.	Personal Time	Personal Time
4:00-8:00 Youth Group	Personal Time	Flex Time/ Youth Sports	Bible Study	Nashville/PT	Youth Games	Personal Time

Color Codes: Red (for rest), Yellow (for flex), Green (for work)