

1. Worries

What worries do you have for the upcoming school year? Are you worried about grades? Are you worried about the amount of schoolwork you will have? Are you worried about who your friends will be? Are you worried about boys or girls? Are you worried about your future? What college you will attend? Are you worried about if you will make the sports team or the band/choir/orchestra or the drama team?

Whatever your worries, take a pen and write something to symbolize those worries on an Alka-Seltzer tablet.

Read Matthew 6:25-34.

After reading the passage, drop the tablet in the water and watch as it starts to dissolve. Spend a moment asking for God to give you peace about the things that worry you.

2. School Supplies

What do you need to start the school year? Each year we buy new pens, pencils, notebooks, and backpacks. Those things can only do so much for us. What do you need to really thrive at school this year? What do you need to show God's love to the other students, staff and teachers at your school?

Matthew 7:7-8 says, "Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened."

Spend some time talking to God about your needs this year. Then take what you need, knowing that God is faithful to provide for those who ask.

What do you need?

No matter how smart, popular, good-looking, funny, etc. you are, you can't do it all on your own. What do you need to make this year a successful year in school?

God says,
*“do not fear, for I am with you,
do not be afraid, for I am your God;
I will strengthen you, I will help you,
I will uphold you with my victorious right hand.”*
(Isaiah 41:10)

Spend some time in prayer talking to God about what you need.

Then take what you need, knowing that God is faithful to provide for all of our needs. Feel free to take something extra for a friend in need.

LOVE.

HOPE.

FAITH.

PATIENCE.

COURAGE.

UNDERSTANDING.

PEACE.

TAKE WHAT YOU
NEED.

PASSION.

HEALING.

STRENGTH.

FREEDOM.

LOVE.

JOY.

KINDNESS.

TAKE WHAT YOU
NEED.

GENEROSITY.

HOPE.

FAITH.

PATIENCE.

BOLDNESS.

FORGIVENESS.

PEACE.

TAKE WHAT YOU
NEED.

GENEROSITY.

JOY.

GOD.

GOODNESS.

WISDOM.

FORGIVENESS.

COMPASSION.

TAKE WHAT YOU
NEED.

HEALING.

LOVE.

FAITH.

WISDOM.

COURAGE.

FORGIVENESS.

PEACE.

TAKE WHAT YOU
NEED.

3. Set Apart

“..as he who called you is holy, be holy yourselves in all your conduct; for it is written, “You shall be holy, for I am holy.”

(1 Peter 1:15-16)

In school and in life, it is easy to just be another face in the crowd. But God calls us to be set apart. God calls us to be holy just as God is holy. How will you set yourself apart this year as a child of God at your school?

Use the Play-Doh to create a representation of how you will be set apart. Ask God to walk with you on your journey this school year.

4. School Prayers

What prayers do you have for your school this year? In what ways would you like to see God working on your campus?

Use the Scrabble tiles to spell out words that represent your prayers. As others come they can build on your prayers with words of their own.